

Name: Juan Manuel Carrica

1. What do you consider to be the main reason(s) why some people are unhappy at work?:

I think that's because they are not chasing their dreams and are concerned about the wrong things.

2. Could money be the only reason why they are not happy?:

No, sometimes it's not just about money. The meaning of happiness varies among different kinds of people.

3. Describe the "four ideas" that could make employees happier:
1) Trust/respect 2) Fairness 3) Listen 4) Change:

1) it feels right to be considered accountable by a company; 2) treated the same; 3) feeling that what you say matters; 4) influence on something/somebody.

5. What things do you agree and/or disagree with in the video?:

I think that video is focus just in on the concept of office workers and there is a whole bunch of different types of jobs out there!

6. Write a short paragraph (80 words) describing how you feel at work.:

Almost a year ago I started thinking about making a change in my professional career. I was expecting something new to believe in because the job I was doing **didn't feel fulfilling** for me at all.

I have to say that therapy sessions did their part in this play and helped me a lot to jump into this conclusions. Nowadays, I'm trying to do my best at pursuing a new goal which is to work in the finance industry and I feel it isn't far away.

Didn't fulfil my expectations Great Job!!!